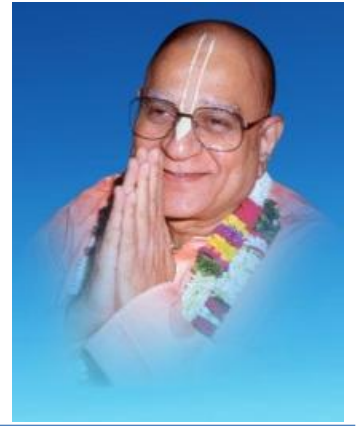


Bhagavat Kathamrita

By His Divine Grace Srila Bhakti Swarupa Tirtha Goswami Maharaj



Hare Krishna Hare Krishna Krishna Krishna Hare Hare
Hare Rama Hare Rama Rama Rama Hare Hare

HDG Swami B.S.Tirtha Maharaj Visiting USA in July-Aug 2010

Atlanta : July 5th – July 23th Discourses on Bhagavad Gita Every Day

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Highlights

- Rarity of Human Life by His Divine Grace Srila B.S. Tirtha Goswami Maharaja
- Self Interest or Self Improvement by His Divine Grace Srila B.S. Tirtha Goswami Maharaja
- Krishna's Kids Korner

"To become happy, we work so hard but do we separately work very hard for getting distress? But then, why does distress come?"

– Excerpt from Are the Vedas Ultimate?

Rarity of Human Life

-continued from the previous issue.

One who cannot control his senses means he's an animal. One who has controlled the sense organs, he's called goswami. Go means senses, swami means controller. A real pleasure is there when you control the senses. Apparently, when you indulge your senses, you feel you're happy. But no, the actual pleasure is when you control. When you see that all these guys are drinking, I'm not drinking, yes, that's your strength. What is real strength? When you don't yield yourself when there's a tempting object in front of you. Isn't it? A glass of whiskey is there...to take it and drink it is easy. You can finish it in one sitting. That doesn't require strength. No, everybody is drinking, I will not touch it, that requires strength. Strength means not to yield your mind of sinful inclinations...material desires. Our mind is a warehouse of desires which makes you dance, makes you endeavor. In Bhagavad Gita, it says,

*āpūryamāṇam acala-pratiṣṭhāṁ
samudram āpaḥ praviśanti yadvat
tadvat kāmā yaṁ praviśanti sarve
sa śāntim āpnoti na kāmā-kāmī*

[A person who is not disturbed by the

incessant flow of desires – that enter like rivers into the ocean, which is ever being filled but is always still – can alone achieve peace, and not the man who strives to satisfy such desires.] Krishna tells Arjuna, only that person can attain peace. You have seen an ocean. So, suppose you unload two thousand tankers of water into the sea but the sea will not be disturbed. Whether you add water or take water, it maintains its position. Similarly, our heart is like ocean and thousands of desires are entering in it. But every time a desire enters it, we immediately get up and endeavor to accomplish it. And as long as one does that, he cannot attain peace. But if he's just like an ocean, in spite of desires entering into him, if he can achieve a degree of satisfaction, no, I'm not going to respond to this desire, then gradually, he becomes peaceful. As long as he keeps responding and reacting to every time a desire arises in the heart, he has to be restless and without peace throughout his life. So, by chanting, those desires become subdued, not suppressed. And desires have to be regulated, not eliminated. It's not possible to eliminate material desires. You can regulate them by becoming God conscious. When you chant regularly, it calms you down. And it purifies sinful inclinations. That is very important. *Ceto darpana marjanam*. The mind is the root cause of everything. Arjuna told Krishna,
*cañcalam hi manaḥ kṛṣṇa
pramāthi balavad dr̥ḍham*

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[For the mind is restless, turbulent, obstinate and very strong, O Kṛṣṇa, and to subdue it, I think, is more difficult than controlling the wind.]

What does he say? It strongly agitates me. Mind is a mini atom bomb placed inside. Anytime, it will explode. Nobody should be overconfident about the mind, including me. I'm very cautious all the time. So, I ensure by chanting, I'm on the track. So, by chanting, the Lord's name, your mind becomes gradually purified. When the mind is purified, your demands will become less. When the mind is purified, you gradually achieve the understanding that you're not this body. It cannot be easily purified by any other method. This is the easiest process. A man of any walks of life can opt for this. You don't have to be a brahmana..you don't have to be an Indian. You don't have to take bath and chant. You don't have to change into new clothes and chant. You don't have to sit in front of deity and chant. You don't have to sit or stand and chant. There are no conditions whatsoever. See..how simple? The best, most sublime and at the same time, the easiest process. Only thing I've said is one must come out from the four major sinful actions. We are all, we mean the whole world, performing four major sinful actions. What are they?

dyūtamī pānamī striyaḥ sūnā
yatrādharmaś catur-vidhaḥ

- Continued in the next issue.

Self Interest or Self Improvement

- continued from the previous issue.

Lord Rishabhadeva says that when the mind and the imaginary knot in the heart is slackened, one becomes liberated, freeing oneself from the original cause. In other words, the mind is the culprit. Mind is the Maya.

Human life is a combination of matter and spirit, a physical body and a soul. The whole direction of Vedic knowledge is aimed at the liberation of the spirit soul, atma, from the material contamination of Maya. As one takes full shelter in God Krishna's lotus feet, one becomes gradually enlightened with regard to one's true identity as a spirit soul. One becomes a servant of God when temptations

for material enjoyment fail to influence him anymore. Thus the surrendered soul gains consummate transcendental knowledge and is able to perform spontaneous, loving devotional service to Lord Krishna.

Loitering in the corridors of Maya should be completely given up to enter Vaikuntha, the gorgeous palatial spiritual mansion of Srīman Narayana or the sublime transcendental realm Goloka Vrindavana of Sri Govinda.

Krishna's Kids Korner

1					
2					
3					
4					
5					
6					

Across

- 1 - Father of Pandavas
- 2 - Mother of Bhisma
- 3 - Brother of Arjuna
- 4 - Devotee (plant) of Krishna
- 5 - Carrier of Vishnu
- 6 - Brother of Sampati

- Answers posted in the next issue

- Previous issue's answers:

- **Across** 1. Vidura 2. Sudama 3. Orissa 4. Lalita
- 5. Visaka 6. Puri

Bhagavat Kathamrita

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